



AKTIVITÄTEN IM 2. SEMESTER 2026

August

Sa, 15.,	09:30h-12:00h:	Koan-Gruppe
Mo, 17.,	18:40h-19:10h:	Yoga
	19:30h-20:45h:	Zazen & Rezitation
Mi, 19.,	07:30h-08:30h:	Zazen
Mo, 24.,	19:30h-20:45h:	Zazen
Mi, 26.,	07:30h-08:30h:	Zazen
Mo, 31.,	18:40h-19:10h:	Yoga
	19:30h-21:00h:	Zazen & Vortrag

September

Mi, 02.,	07:30h-08:30h:	Zazen
Mo, 7.,	18:40h-19:10h:	Yoga
	19:30h-20:45h:	Zazen
Mi, 09.,	07:30h-08:30h:	Zazen
Fr, 11.,	08:00h-09:00h	Tor des Süssen Nektars
Mo, 14.,	19:30h-20:45h:	Zazen & Rezitation
Mi, 16.,	07:30h-08:30h:	Zazen
Mo, 21.,	19:30h-20:45h:	Zazen & Tee
Mi, 23.,	07:30h-08:30h:	Zazen

Herbstpause bis 11.10.2026

Oktober

Mo, 12.,	18:40h-19:10h:	Yoga
	19:30h-20:45h:	Zazen
Mi, 14.,	07:30h-08:30h:	Zazen
Mo, 19.,	19:30h-20:45h:	Zazen & Rezitation
Mi, 21.,	07:30h-08:30h:	Zazen
So-Do, 25-29.:		Zen-Sesshin im Stelserhof

November

Mo, 02.,	18:40h-19:10h:	Yoga
	19:30h-20:45h:	Zazen
Mi, 04.,	07:30h-08:30h:	Zazen
Sa, 07.,	09:30h-12:00h:	Koan-Gruppe
Mo, 09.,	19:30h-20:45h:	Zazen & Rezitation
Mi, 11.,	07:30h-08:30h:	Zazen
So-Sa, 15.-21.:		Bearing Witness Retreat Auschwitz-Birkenau
Mo, 23.,	18:40h-19:10h:	Yoga
	19:30h-20:45h:	Zazen
Mi, 25.,	07:30h-08:30h:	Zazen
Mo, 30.,	19:30h-21:00h:	Zazen & Vortrag

Dezember

Mi, 02.,	07:30h-08:30h:	Zazen
Fr-So, 04.-06.:		Rohatsu-Sesshin im Zendo im Grünen Ring
Mo, 07.,	18:40h-19:10h:	Yoga
	19:30h-20:45h:	Zazen
Mi, 09.,	07:30h-08:30h:	Zazen
Mo, 14.,	19:30h-20:45h:	Zazen & Tee
Mi, 16.,	07:30h-08:30h:	Zazen

Anschliessend Winterpause