

“LIBERATED SELF - LIBERATED WORLD”

**A Zen Peacemaker Retreat from Sunday to Thursday, August 17 – 21, 2025
at Stelserhof, 7226 Stels, Switzerland**

Course leader:

Eve Myonen Marko, Roshi

Franziska Jinen Schneider, Sensei

Turn around the light to shine within, then just return.

(Song of the Grass Roof Hermitage, Shitou)

How do we live in unliveable times?

How do we give no fear in fearful times?

What gives us strength when we feel vulnerable and alone?

We do zazen to shine the light within.

We sit to go deep and deeper into our personal being.

We go behind that which changes to find that which does not change, as Ram Dass says.

We will do sitting and walking meditation, seeing how the things of our life—thoughts, feelings, ideas—come and go continuously. We will listen to dharma talks and use interviews, or face-to-face, to empty our mind and open our heart.

At the same time, as Shitou says, we must always return to our loved ones, our work, the world.

We empty our cup, stop listening to our own endless chatter, and then bear witness, looking at beings and relationships all around us and ask: *What is it like to be you?*

When we take ourselves out of the equation, presence emerges, and out of presence, spontaneous loving action.

Most important, we become a bridge, thus reflecting the One Body, the One Family, that we all are.

Course costs (excl. board & lodging)

CHF 220.-

Plus Dana for the course leader (gift according to own assessment)

Registration for the retreat:

Franziska Schneider: info@zen-imgruenenring.ch

Registration is binding.

Please inform us as soon as possible if you are unable to attend the course.

Cancellation fees will be charged as follows:

- in any case a fee of CHF 90.-
- 100% of the course costs if you cancel after June 30, 2025, in case of no-show or early departure

Registration for board & lodging:

at the Stelserhof, incl. payment (CHF 526-700.-)

<https://stelserhof.ch/zimmerreservation/>

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Eve Myonen Marko, Roshi



Roshi Eve Marko worked in the 1980s and 1990s for the Greyston Network of Zen Peacemakers, a network of for-profit and nonprofit organizations in NY that provides housing, childcare, jobs, training and medical services. With her future husband Bernie Glassman, she founded Zen Peacemakers International, which trains and connects Zen activists in various countries. Eve is the founder of the Green River Zen Center in Massachusetts/USA and Co-Director Emeritus of the Zen Peacemaker Order. She received Inka and Dharma transmission from Roshi Bernie Glassman. Eve holds a Master of Education, is co-author with Wendy Egyoku Nakao of the “Book of Householder Koans. Waking Up in the Land of Attachments”; co-editor of ‘Appreciate Your Life: The Essence of Zen Practice’ by Taizan Hakuyu Maezumi; editor of ‘The Dude and the Zen Master’ by Bernie Glassman and Jeff Bridges. Various articles in Tricycle, The Buddhist Magazine, and Lion's Roar. She blogs at www.evemarko.com

Franziska Jinen Schneider, Sensei



Sensei Franziska Schneider is the founder, director and Zen teacher of the Zen-Zentrum im Grünen Ring, St. Gallen/CH. She received Dharma transmission from Eve Myonen Marko Rōshi in 2021. She began her spiritual practice in 1991 with the Japanese Hiroshi Nozaki and her Zen practice in 1999 at Lassalle House/CH. Since 2007, she is a member of the Zen Peacemakers. She is a retired judge, doctor of law, mother and grandmother. www.zen-imgruenenring.ch